

“Creativity is as natural as breathing, but in an industrial world we seem to have forgotten the satisfaction of just... making things.”

WHAT ELSE SHOULD I KNOW?

No previous experience with clay or art is necessary; aprons are provided but wear old clothes and leave watches and rings at home. Barrier cream and hand cream available; long fingernails can be a problem when making pots on the wheel.

“Each person expresses themselves in a unique way.”

WHAT’S FOR LUNCH?

Adrienne is a vegetarian whole food cook, providing homemade bread, and soup, humus, pickles and chutneys. Let us know what you need.

Special diets are not a problem, herself intolerant of wheat and dairy, Adrienne is happy facilitate individual requirements and to talk food, enthusiastically. She will even cook meat if required.

Many of her recipes including how to make soya milk, can be found on Adi’s Kitchen section of her website www.seraph.ie. The development of this part of the site is ongoing.

Expect to be prolific; everything gets fired in the kiln...

Even the sad little experiments can grow up to become the best loved pots.



Getting clay ready to be rolled out



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CLAY-DAY PLAY-DAY FOR GROWN-UPS

www.seraph.ie



Explore your creative energy

Adrienne Crowe, 01 453 9971
opens her studio once a month

Max 6 grown-ups
5 ½ hr hands-on-clay-workshop
+ 2 hrs glazing session
Explore clay, empower your Self
ENJOY
Includes light lunch
Return to glaze your work at a
future date

Applying the principles of **The Artists
Way Julia Cameron**

WHAT HAPPENS ON A CLAY-DAY?

In a small class of 6 people or less you have the opportunity to work in Adrienne Crowe's craft pottery studio. She is available to assist you in the expression of your ideas.

In the first hour clients settle into the studio. They are encouraged to be prolific and experimental. All work is brought on to the next phase, even pieces that initially do not seem to please, can be transformed when glazed.

After a light lunch (included) folks settle into a period of intense activity, both working on their own projects and learning to make pots on the wheel.

"Just to feel the clay between your fingers... to watch the pot grow under your hands, it is so satisfying".

WHAT HAPPENS TO MY STUFF?

After the clay day Adrienne tidies up the rough edges on the creations. The clay has to dry out completely; this may take a few weeks. It is then 'biscuit fired' in the kiln, baked to 950C making it ready for glazing.

Participants then return to glaze their work at a time that suits both parties. (The whole class does not have to gather again). After the second firing to

1250C the pieces are finished ready for collection, and use.

THE POTTERY STUDIO



The bright airy pottery studio is out the back; the yoga studio upstairs and the pottery shop downstairs

Clay is a wonderful medium whether hand building or making pots on the wheel!

In these sessions participants explore their own unique relationship to clay. Adrienne assists each person to pursue a personal response to the tools and materials available.

Influenced by Julia Cameron's book *The Artist's Way* the 'inner critic' is carefully cajoled into taking a back seat to allow freedom of expression to find its way.

"If we do not ask how can we learn?"

Since Adrienne herself is always asking questions and trying to get to the bottom of things, she is happy to explain any aspect of working with clay. Expect some great conversations, about all sorts of subjects as the clients themselves are usually a fascinating bunch.

BTW The household includes Buddy and Otto, large standard poodles, as well as 2 budgies, Inspector Cluso & Miss Marple... the pet detectives.

"To be able to relax, to be without expectation and yet to find at the end of the day such a range and depth of imagination, is to be inspired."

DATES 2015

Saturdays; 12 - 17.30

31 Jan ; 28 Feb; 28 Mar; 20 Apr; 30 May

€85 per workshop; includes light lunch of real soup and bread and returning to the studio at a later date to glaze the work made (after the first firing in the kiln and before the second)

Booking Essential: €40 non-refundable deposit secures a place

But, last minute impulsive enthusiasm can work out.